

Course Title:	Crystal Healing	
Course Description	During this 10 week course you will learn about the healing powers of crystals and how they can be used to improve mood and well being. Crystal Healing is a relaxing, non-invasive therapy that utilises the energy of natural crystals to bring about a positive and balancing effect on our physical, emotional and mental well-being..	
Learning goals	<p>By the end of this course you should be able to:</p> <ul style="list-style-type: none"> • Carry out all activities with regard to the safety of yourself and others. • History and Theory of Holistic Crystal Healing • Practical application of Crystal Healing • Benefits of Crystals and their Healing properties • Crystal programming • Identify key elements of Chakra System • The human energy field/aura • Relaxation and meditation techniques 	
Is this course suitable for you?	Students will require no prior knowledge of Crystal Healing just a wish to embark on the Crystal Healing path.	
Assessment/Feedback	Learners will receive continual feedback and informal assessment from the teacher and will be encouraged to monitor their progress using an Individual Learning Plan.	
What should you bring with you to the first session?	Please bring pens, coloured pencils, A4 paper, A4 clear plastic document wallets and an A4 folder to keep all your handouts in.	
Additional costs	<p>Crystal Kit</p> <ul style="list-style-type: none"> • A crystal kit will need to be purchased while studying on the course: the tutor needs to advise the students before any purchase is made. 	
What next?	Subject Specific Courses:	General:
	<ul style="list-style-type: none"> • Reiki 1 • Meditation 	Please see our brochure , visit our website (www.lutonacl.ac.uk) or call us for further details (01582 490033).
	LACL offer free group workshops on CV writing, job search and interview techniques held by our trained <i>nextstep</i> advisor. Please contact us to book your free place.	
Help Us to Help You	<p>The service is committed to ensuring that all learners whatever their needs have the best possible chance to enrol, progress, complete and achieve their course goals. Funding may be available to support the following: Examination fees; Travel costs; Books & Equipment; Registration Fees; Childcare; Hardship costs; Additional course costs; Learners with a learning difficulty or disability; Learners with skills for life needs.</p> <p><u>For further details contact us on 01582 490033.</u></p>	