



Course Information Sheet

2009/10

Course Title:	Infant Massage
Course Description	<p>Infant Massage will introduce you to the wonderful art of bonding with your baby in a relaxing way for both of you. It will provide you with a valuable tool to enable you to become more confident in all aspects bonding with your baby.</p> <p>This course is being run by Lady Zia Wernher School please call them directly on 01582 728705</p>
Learning goals	<p>By the end of this course you should be able to:</p> <ul style="list-style-type: none"> • Give your baby relief from colic, trapped wind, constipation, teething pain and muscle tension. • Help your baby sleep more soundly and for longer. • Interpret your baby's signals and body language • Stimulate your baby's nervous system. • Encourage your baby's development
Is this course suitable for you?	This course to aimed at parents or practitioners working with children.
Assessment/Feedback	Learners will receive continual feedback and informal assessment from the teacher and will be encouraged to monitor their progress using an Individual Learning Plan.
What should you bring with you to the first session?	To be advised
Additional costs	To be advised
What next?	General:
	<p>Please see our brochure , visit our website (www.lutonacl.ac.uk) or call us for further details (01582 490033).</p> <p>Luton Adult Community Learning also provides free impartial workshops on learning and work opportunities, these include:</p> <ul style="list-style-type: none"> ○ Job search ○ Interview techniques ○ CV writing ○ Completing application forms ○ Skills check <p>If you require more in depth help and support, please contact us and we will arrange a meeting with either a manager, teacher or learner</p>
Help Us to Help You	<p>The service is committed to ensuring that all learners whatever their needs have the best possible chance to enrol, progress, complete and achieve their course goals. Funding may be availbale to support the following:</p> <p>Examination fees; Travel costs; Books & Equipment; Registration Fees; Childcare; Hardship costs; Additional course costs; Learners with a learning difficulty or disability; Learners with skills for life needs.</p> <p><u>For further details contact us on 01582 490033.</u></p>