

# LUTON COMMUNITY HEALTH FORUM



CPR Skills  
can save the lives  
Of your loved ones

**Would you like to learn life saving technique that can help someone  
whose  
breathing and heart beat have stopped?**



Children as well as  
adults can suffer heart  
attacks

**This two hour participative course will give you the opportunity to learn how to resuscitate someone whose  
heart has stopped beating**

**And give vital minutes before the paramedics arrive - many lives can be saved if more of the general public  
knew these simple techniques**



Education & Skills  
Funding Agency



European Union  
European Social Fund  
Investing in jobs and skills

**Luton**  
Adult Learning

***Come to our free workshop on  
CardioPulmonary Resuscitation (CPR)***

A CPR session is for 1.5 to 2 hours max  
Enrolment/course dates and times: To be confirmed

For further information please contact:  
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