



# NOAH'S KITCHEN

A **FREE** five week course to help you learn to cook tasty, healthy food which you can make at home.



- Prepare delicious hot and cold meals
- Use kitchen utensils and equipment effectively
- Stay safe in the kitchen
- Learn to use a variety of ingredients, and store them hygienically

# COURSE INFORMATION

Learners can either the Tuesday or the Thursday course. Start dates are flexible and arranged with the attendee.

Courses will take place in our kitchen at the NOAH Welfare Centre, 141 Park Street, Luton LU1 3HG

## INTERESTED?

Please contact us using the details below if you wish to make a booking.

[academy@noahenterprise.org](mailto:academy@noahenterprise.org)

01582 726152

Contact address: NOAH Academy, 20-22 High Town Road, Luton LU2 0DD

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**Luton**  
Adult Learning



Education & Skills  
Funding Agency