



Prince's Trust

YOUTH
CAN
DO IT

Your Team journey

We pack a lot into our 12-week Team programme, designed to help you uncover your hidden talents and improve your confidence, as well as gain a nationally-recognised qualification, and develop your English and maths skills.



Here's a look at what you'll get up to during Team:

Day 1: Meet new people

Don't worry about turning up on your own – there'll be about 12 people joining and everyone will be in the same situation. It'll be informal and there are plenty of activities so you'll soon feel part of the group.



Week 1: Take action

Over this week, you'll start planning for the weeks ahead – setting out what you want to achieve and finding out how to get your qualifications.

Week 2: New experiences

You'll spend this week away – trying new things and learning how to work with others. This gives you a chance to break away from your current situation – trying canoeing, climbing, raft-building and much more.

Weeks 3-6: Something to talk about

As a Team, you'll decide on a project to benefit your local community and carry it out. This gives you great experience to talk about at interviews.

Weeks 7-8: Work placements

This is the time to see how the skills you've developed so far can help you in the workplace. It's also a great chance to try out a type of work, or company, to see whether you like it.

Week 9: Plan for the future

You'll get help to write a fantastic CV, practice your interview skills and write applications.



Weeks 10-11: Meet the challenge

You and your Team will take on a challenge to help others in the community. This is when you get to test out all the skills you've developed.



Week 12: Have your say

In your final week, you'll deliver a presentation – giving you the chance to show off the talents you've discovered! This may sound scary now, but after 12 weeks you'll be surprised at how far you've come.

Contact us now to register your interest, interviews will take place in December –

**Luton Adult Learning
Arndale House
2nd Floor
The Mall
Luton
LU1 2LJ**

01582 498548 kelsie.holdstock-clarke@luton.ac.uk www.luton.ac.uk